2025 Access Health CT Open Enrollment FAQs:

How do I know if my Access Health CT insurance plan premiums will rise?

Enrollees in Access Health CT insurance plans should have received a notice in the mail informing them of the marketplace's Open Enrollment period, November 1, 2025 – January 15, 2026, with their current and projected premium information. If you did not receive a notice or have additional questions regarding your projected 2026 premiums, contact Access Health CT at 1-855-805-4325 or click here for assistance.

Can I switch which health care plan I enroll in through Access Health CT?

Yes. We are currently in the Open Enrollment period which began on November 1st. Visit Access Health CT to see which plans will be available to you next year.

Please note: if you do not select a new plan by November 15, 2025, you will be automatically reenrolled in your current health insurance plan regardless of changes in your monthly premium; that said, you will still have until December 15, 2025 to select a new plan effective January 1, 2026. Open Enrollment continues until January 15, 2026, though changes made after December 15, 2025, will take effect February 1, 2026.

I can't afford my new projected premiums. What can I do?

Visit Access Health CT's Financial Help webpage to review alternative programs.

You can also request free assistance from an Access Health CT trained and certified insurance broker who can help you navigate the process of comparing health insurance plans and enrolling in one that best suits your medical and financial needs.

Where can I learn more about how changes in federal policy may impact my health insurance premiums?

You can find additional information here.

I still have questions. Where can I get more help?

For help navigating Access Health CT's Open Enrollment period, you can call 1-855-805-4325 (multiple languages available), chat online with a specialist, or schedule a one-on-one appointment with an Enrollment Specialist.