

Seniors

Throughout my career, I have fought to ensure the security of our robust social safety net so every American has something to fall back on in hard times like these. But we must redouble our efforts to protect seniors as we face this daunting and extraordinary threat. Older adults are particularly at-risk of contracting COVID-19, meaning we must take every precaution to prevent seniors from being exposed to the virus, while simultaneously helping them access essential services.

Expanded Telehealth Accessibility

The CARES Act

- Allows Medicare providers to treat patients using e-visits with both video and/or audio calls for the duration of the pandemic.
- Suspends the requirement that a doctor and a patient have a pre-existing relationship in order to provide telehealth services.
- Reauthorizes grant programs that promote the use of telehealth services for health care facilities that currently do not have the technological capabilities to do so.
- Allows Federally Qualified Health Centers to bill for telehealth services
- Loosens rules for patients with End-Stage Renal Disease and in hospice who are receiving telehealth services

Many [private insurers](#) are also waiving cost-sharing of telehealth services for COVID-19 related visits.

Meal Assistance

The Families First Coronavirus Response Act — Congress' Phase II legislation — provided \$250 million for the Senior Nutrition Program in the Administration for Community Living (ACL), which will help facilitate the delivery of meals to low-income seniors who depend on Senior Nutrition programs.

Grocery Store Contact Information and Hours for Seniors and Vulnerable Populations

In response to COVID-19, many grocery stores in Connecticut have adjusted their hours and services in order to help accommodate seniors and other vulnerable populations, either through delivery services, curbside pickup, or specific shopping hours for at-risk groups. While the following stores have set aside shopping time for seniors, please contact your local grocers to see what accommodations they have made.

- Stew Leonard's - 7 A.M. to 8 A.M.
- Trader Joe's - 9 A.M. to 10 A.M.
- Whole Foods - 8 A.M. to 9 A.M.
- Caraluzzi's - 6:30 A.M. to 7:30 A.M.
- Costco - 8 A.M. to 9 A.M. (Tues, Thurs)
- BJ's - 8 A.M. to 9 A.M.
- Target - 7 A.M. to 8 A.M. (Weds)
- Stop & Shop - 6 A.M. to 7:30 A.M.
- Big Y - 7 A.M. to 8 A.M.
- Price Chopper – 6 A.M. to 7 A.M.

Bridgeport

National

- Price Rite (Boston Ave): (203) 333-6954
- Price Rite (Main Street): (203) 396-0839
- Stop & Shop (Fairfield Ave): (203) 333-0333
- Stop & Shop (Main Street): (203) 371-6972
- Key Food: (203) 275-8485
- Food Bazaar: (203) 683-3740
- Save A Lot: (203) 335-0540

Local

- Wayne Street Grocery: (203) 870-8555
- Zaachila Grocery Store: (203) 333-3833
- Maribel Grocery: (203) 333-6220
- K&J Grocery: (203) 330-5735
- Grocery Village: (203) 334-0690
- Conchitas Grocery: (203) 367-8714
- Pop's Grocery: (203) 333-7675

Darien

National

- Whole Foods Market: (203) 662-0577
- Trader Joes: (203) 656-1414
- Stop & Shop: (203) 662-1227

Local

- Palmer's Market: (203) 665-2077
- Aux Delices: (203) 326-4540 ext. 115
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Easton

Local

- Greisers: (203) 330-9424

Fairfield

National

- Whole Foods Market: (203) 319-9544
- Stop & Shop: (203) 254-8478
- ShopRite: (203) 615-0140
- Trader Joe's: (203) 330-8301
- BJ's Wholesale: (203) 384-9113

Local

- BD Provisions: (203) 292-8881
- The Pantry: (203) 259-0400

Greenwich

National

- Whole Foods Market: (203) 661-0631
- Stop & Shop: (203) 625-0622
- ACME Markets: (203) 622-2944

Local

- Garelick & Herbs: (203) 661-7373
- Aux Delices: (203) 326-4540 ext. 115

Monroe

National

- Big Y: (203) 452-9002
- Stop and Shop: (203) 268-0589

Local

- Stop & Go Food Mart: (203) 459-8309

New Canaan

- National
- ACME Markets: (203) 966-0017Local
- Stewart's Market: (203) 966-4848

Norwalk

National

- Stop & Shop (Main Ave): (203) 840-1001
- Stop & Shop (Connecticut Ave): (203) 299-1715
- ShopRite: (203) 838-0504
- CTown Supermarkets: (203) 838-0888
- City Market Norwalk: (203) 956-0241
- Costco: (203) 822-2003

Local

- Stew Leonard's: (203) 847-7214
- Tropical Groceries: (203) 286-7999
- Cranbury Market IGA: (203) 845-0026

Oxford

National

- Market 32 by Price Chopper: (203) 463-7990

Redding

Local

- Pignones Redding Ridge Market & Deli: (203) 664-1702

Ridgefield

National

- Stop & Shop: (203) 438-7317

Local

- Ridgefield Organics & Specialty Market: (203) 894-8102

Shelton

National

- Stop & Shop: (203) 929-7516
- ShopRite: (203) 225-9224
- Big Y: (203) 447-3003

Local

- The Common Bond Market: (203) 513-8200

Stamford

National

- ACME Markets: (203) 321-0429
- Trader Joe's: (203) 321-8440
- Stop & Shop (Bedford Street): (203) 321-8440
- Stop & Shop (Main Street): (203) 323-1458
- ShopRite (Commerce Street): (203) 978-0464
- ShopRite (Shippan Ave): (203) 964-9500
- Fairway Market: (203) 388-9815

Local

- La Marqueta: (203) 298-0595
- East Main Market: (203) 353-0083
- Star Grocery: (203) 614-8100
- Stamford Market: (203) 316-0661
- Two Brothers Supermarket: (203) 674-8090
- Selleck Market: (203) 504-8689
- Sezam Market: (203) 252-2496

Trumbull

National

- Target Grocery: (203) 873-2013
- Stop & Shop: (203) 445-1006

Weston

Local

- Peter's Weston Market: (203) 227-2066

Westport

National

- Trader Joe's: (203) 226-8966
- The Fresh Market: (203) 227-2910
- Whole Food's Market: (203) 227-6858
- Balducci's: (866)-278-8866
- Stop Shop: (203) 254-8484

Wilton

National

- Stop & Shop: (203) 834-9735

Local

- Village Market: (203) 762-7283
- Caraluzzi's Georgetown Market: (203) 544-7021